

AT THE  
ALTAR  
— of —  
SEXUAL  
IDOLATRY



WORKBOOK

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**At The Altar Of Sexual Idolatry Workbook**

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## INTRODUCTION

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The purpose of this workbook is to help the reader of *At the Altar of Sexual Idolatry* to focus on the major themes presented in each chapter. In doing so, the reader can expect to gain a better understanding of the issues and truths discussed throughout the book. While reading alone is helpful, having to search for the answers to questions and then write them down will enhance one's retention of the important steps provided for overcoming sexual sin.

With that in mind, several questions have been generated from each of the seventeen chapters. You will find that I often quoted sentences which contain the answer to a particular question. The questions are also arranged in accordance with the order in which the chapters were written. For instance, the answer to question number 7 will always be located in the chapter somewhere between the answers to questions 6 and 8.

Finding the answers will not always be easy. You may have to go back and forth over portions of the text. That's the way it is supposed to be! The more you have to search for answers, the more likely the material of the book is going to "get into you." If you should come across a question that you just cannot find the answer to, skip it until you have completed the entire workbook.

Then, *only as a last resort*, you can look up the answer in the back of the book. If you look it up while you are still in the chapter, you will not be able to find that answer without seeing the other answers for that chapter. This would only serve to defeat the whole purpose of this exercise.

The answers to the scriptural questions are not provided. There are two reasons for this. First, people use different translations of the Bible, which will affect the way the answer reads. Secondly, most of the answers will be based upon the reader's own perspective. Please keep in mind that I use the New American Standard version of the Bible and some of the questions reflect the wording of that translation.

You will experience a wide range of feelings as you read *At the Altar of Sexual Idolatry*. Sometimes it will be painful, while other times will be filled with hope as you sense God's loving presence there to help you. Make notes as you go through this. One day it will be a real blessing to look back at the different spiritual and emotional experiences you have during this special time in your life.

I hope this workbook is a blessing to you as you seek the biblical answers for your needs.

Steve Gallagher, Author

CHAPTER  
3  
THE SPIRAL OF DEGRADATION

Study Questions

1. Write out the three parts of “the old adage”:
  - a.
  - b.
  - c.
2. List the seven steps down into *The Spiral of Degradation*.
  - a.
  - b.
  - c.
  - d.
  - e.

- f.
  - g.
3. What is the “attitude which sneaks in very subtly?”
  
  4. Complete the sentence which begins, “Once a person reaches this point...”
  
  5. List the three things that happen to a man every time he “looks at pornography or gives over to some other form of sexual sin.”
    - a.
    - b.
    - c.
  
  6. What three statements are listed which “are typical of what the deceived person tells himself?”
    - a.
    - b.
    - c.



## What the Scriptures Say

1. Read Romans 6:12-16 and answer the following questions.

Write out verses 12-15, replacing the word “sin” with “sexual sin” (or “commit sexual sin”).

Considering your past struggles, what does verse 16 mean to you?

2. Read Ephesians 4:17-19 and answer the following questions.

Paul instructs the reader, “...walk no longer just as the Gentiles also walk...” and then gives eight characteristics of what this means. List those characteristics.

a.

b.

c.

d.

e.

f.

g.

h.

Paul said that the Gentiles were “excluded from the life of God.” Explain what you think happens to the man who allows his mind to become darkened and his heart to become hardened and calloused?

### Personal Examination

1. What did you learn about “The Spiral of Degradation?”

2. What did you learn about yourself in this chapter?

### Digging Deeper

1. Discuss how “the old adage” that opens the chapter has been true in your life.
2. Can you look back and see how you had an ungrateful spirit at one time?
3. If so, how has that changed in your life?
4. Did you ever deceive yourself about your sin with any of the statements the author lists? (see pp. 54-55)
5. Did sin become increasingly less fulfilling for you?